

## Arts And Health: Health Aging Through The Arts Workshop Reporting Sheet

Location of The Arts & Health Program: \_\_\_\_\_

Date of Workshop: \_\_\_\_\_ Time: \_\_\_\_\_

What was the workshop activity? What did the seniors do?

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How did the artist(s) organize the workshop? Was there group instruction, artist led group discussion, demonstrations, individual support? Please explain:

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Was the seniors' worker available to assist during the workshop? If yes how?

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Did the seniors explore the ideas and/or techniques introduced by the artist(s)? Did the seniors challenge themselves in their work?

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How did the seniors interact during the workshop? Was there peer mentorship in the group? Was the atmosphere lively, reflective? Please explain:

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Comments/ Quotes:

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