Arts And Health: Health Aging Through The Arts
Workshop Reporting Sheet

Location of The Arts & Health Program: __________________________________________

Date of Workshop: ________________       Time: __________

What was the workshop activity? What did the seniors do?
__________________________________________________________________________________
__________________________________________________________________________________

How did the artist(s) organize the workshop? Was there group instruction, artist led group discussion, demonstrations, individual support? Please explain:
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________

Was the seniors’ worker available to assist during the workshop? If yes how?
__________________________________________________________________________________

Did the seniors explore the ideas and/or techniques introduced by the artist(s)? Did the seniors challenge themselves in their work?
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________

How did the seniors interact during the workshop? Was there peer mentorship in the group? Was the atmosphere lively, reflective? Please explain:
__________________________________________________________________________________
__________________________________________________________________________________

Comments/ Quotes:
__________________________________________________________________________________
__________________________________________________________________________________