

Year-End Survey for Participating Seniors

Thank you for taking this time to complete the year-end survey for the Arts & Health Project. Collecting your ideas and observations will help us develop programs that better suit the needs of elders and provide broader more inclusive opportunities for seniors in our communities.

This project provides opportunities for seniors to work together, with professional artists, and develop art projects that address ideas that are important to you and that represent you in a fuller way to the community at large.

How we measure the success of the project is through your commitment to the project and by the impact the project has on your overall health and wellbeing. It is therefore important for us to hear from you. Thank you so much for your input.

1) How long have you participated in the Arts & Health Project?

Since participating in the program:

2) I have gained confidence in creating artwork

Strongly agree agree neither agree or disagree disagree strongly disagree

3) I feel confident helping other participants with their work

Strongly agree agree neither agree or disagree disagree strongly disagree

4) I feel more confident taking on responsibilities and a leadership role within the project

Strongly agree agree neither agree or disagree disagree strongly disagree

5) Presenting my work to the public makes me feel appreciated and supported

Strongly agree agree neither agree or disagree disagree strongly disagree

6) I feel my work is contributing to the broader community

Strongly agree agree neither agree or disagree disagree strongly disagree

7) I feel an increased sense of belonging within my community

Strongly agree agree neither agree or disagree disagree strongly disagree

8) Please provide an example of how participating in an exhibition or performance has affected you:

9) Did your group go to an art exhibition or performance or did an artist come to visit your group this year?

Yes No

If yes please answer the questions below:

10) I enjoyed this experience

Strongly agree agree neither agree or disagree disagree strongly disagree

11) This experience influenced the way I worked on my project

Strongly agree agree neither agree or disagree disagree strongly disagree

12) Please provide an example of how this experience influenced your work:

13) This experience helped me understand that my artwork is connected to the broader field of art

Strongly agree agree neither agree or disagree disagree strongly disagree

14) This connection to the broader field of art is important to me because:

Since participating in the program:

15) I feel happier and more fulfilled

Strongly agree agree neither agree or disagree disagree strongly disagree

16) I have more self-confidence

Strongly agree agree neither agree or disagree disagree strongly disagree

17) I feel able to socialize more easily

Strongly agree agree neither agree or disagree disagree strongly disagree

18) I feel improvements in my overall health

Strongly agree agree neither agree or disagree disagree strongly disagree